

Curriculum Vitae of NAHAS Nayla

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Date of Birth: 17 November 1969

Present Family Status: Married

Current Academic Rank: Associate Professor,

Educational Credentials

PhD in Psychology	University of Toulouse le Mirail	2001
Training in psychoeducation	University Of Montreal	1999
MA in Education (option: school psychology)	University of Balamand	1994
BA +TD in Education	University of Balamand	1992
DEUG in Psychology	St Joseph University	1989

University Teaching Experience

For more than 20 years, I have taught undergraduate and graduate courses related to general theoretical models in psychology such as child and adolescent development; learning theories; personality theories ; social and community psychology and research methods, but also other courses that are more specific to developing intervention skills in educational and family psychology such as: families functioning and dys-functioning; school adjustment; classroom management ; resilience and psychosocial adjustment in the face of adversity; cultural approach and clinical implications of the attachment theory of child development; developing and assessing psychoeducational and psychosocial interventions; and training supervision in developmental psychology. My effective teaching experience at the University of Balamand facilitated my promotion from the rank of instructor to assistant professor and associate professor ranks. I also build my teaching experience through lecturing in other well-known national and international universities and especially at the St Joseph University in Beirut and the University of Montreal in Canada as showed in the following table.

Associate Professor	University of Balamand	01/09/18 to Present
Assistant Professor	University of Balamand	01/09/01 to 30/08/18
Guest lecture	FAU-Erlangen-Germany	05/29/17 to 06/10/17
Guest lecture	University of Monteral-Canada	01/08/11 to 20/12/11
Instructor	University of Balamand	01/11/96 to 30/09/2001
Instructor	St Joseph University	01/11/96 to 30/05/01
Instructor	University of Balamand	01/11/96 to 30/05/01

Consultancy

As part of my academic involvement I had the opportunity to share my expertise and knowledge as a consultant in educational and developmental psychology for research projects and interventions that tackle the development and well-being of children and the efficiency of educational and psychosocial interventions, as the following table shows:

Supervision of CSI program coordinator	War Child Holland	February 2019 to present
Member of Ease Data Safety Management	War Child Holland	October 2017 to present
Educational Consultant consultant	Rand corporation	April 2016 to April 2017
Psychological-educational Consultant	Antiochian orthodox Media Center	November 16 to present
Psychological-educational Consultant	Occasional Private practice	June 2000 to Present
Psychologist	SOS village for orphan children	January 2001 to March 2006
Psychologist	El Inaya el Ilahiya	July 2000 to September 2014

Professional conferences

1. Nahas, N. (2019) *The Education: challenges and horizons*. Paper presented to the Holy Synod of the Orthodox Church of Antioch. Special round about the family 4- to 8 October 2019.
2. *Social Media: the Psychosocial Influences*. Conference on Social Media, University of Balamand Souk el Ghareb, March 2017.
3. *2nd Meeting on Neuropsychology. "Cognitive assessment and Intervention in neurological Conditions"*. Lebanon Memory Group for Clinical Research (GMRC-Liban). Beirut, November 3 to 4, 2017. Moderator of session.
4. *Intervenir Dans Les Situations Difficiles : De La Réaction A L 'Action* (journées scientifiques des infirmiers Organisée par Hôpital El Mounla et UOB/ Centre Safadi / Mai 2014).

Awareness Workshops and Lectures

1. *Ensemble Contre le Harcèlement* (awareness talk to parents. College protestant. Beirut. 10 Avril 2019)
2. *Le Harcèlement a l'école* (awareness talk to parents. Lycée Franco-Libanais. Beirut 19 Septembre 2018)
3. *Antibullying In school: from Teachers to Students* (Workshop delivered to the Lady of Balamand High School January to May 2018: 2 hours per month)
4. *Adolescent Development* (Workshop for teacher training in Teach for Lebanon NGO, LAU, August,3, 2017)
5. *Children's aggressivity: risk factors and interventions*. A talk given at Safadi cultural foundation, Tripoli, 4 April 2017
6. *War effects and Building Resilience: the Psychosocial support from a personalization perspective* (workshop with internally displaced population from Alepo, Balamand: 9 to 13 January 2017)
7. *Gifts, Their significance and their function in building prosocial behavior. A Multimedia tool of awareness*, In collaboration with the Antiochian Center of Media
8. *Psychological First Aid Workshop* (Organization and participation Department of Psychol-

- ogy, FASS, Balamand, Saturday October 20, 2016)
9. *War; From Effects To Resilience: The Personalization Processes* (Workshop with internally displaced population from Damascus. Balamand, September, 16, 2016)
 10. *Promoting Resilience And Well Being: A Psychosocial And Ecological Approach* (Workshop for teacher training in Teach for Lebanon NGO, LAU, August,3, 2016)
 11. *Education Sexuelle : Que Dire Comment Se Comporter ?* (Lecture, Ecole Nationale Orthodoxe, 13 and 20 May 2016)
 12. *How To Face Stress Through A Healthy Life Style* (Lecture for the community Amioun, April, 9 2016)
 13. *Promoting Resilience And Well Being: A Psychosocial And Ecological Approach* (Workshop for Teach for Lebanon NGO, Jbeil, March, 14, 2016)
 14. *Active Listening Skills* (workshop in collaboration with The FHSS /UOB Mazloum Hospital January, 23, 2015)
 15. *Children Agressivity: What Can Parents And Teachers Do?* (Lecture to the parents of Ecole Nationale Orthodoxe, January 12, 2016)
 16. *Active Listening Skills* (workshop in collaboration with The FHSS /UOB. Centre Hospitalier du Nord November 2015)
 17. *Cyberbullying* (Lecture to high school students, Choueifat International School May, 14, 2015)
 18. *Drugs: How Can The Social Community Protect Our Youngsters* (Lecture for the community in Kousba March, 28, 2015)
 19. *Intervening With Difficult Students* (Workshop for Orthodox Schools at Tripoli November 2014. April 2015)
 20. *Séminaire Sur La Punition A L 'école. Discussion D 'un Projet De Charte De Régulations Internes* (Assemblée générale des écoles Orthodoxes du Liban Nord /Ecole orthodoxe St Pierre/ Mai 2014)
 21. *Educational Strategies: Flexibility And Supervision, A Road Between Rigidity And Chaos.* (Lecture for parents of the College Notre Dame de Balamand, Balamand -El Koura, November, 3, 2014)
 22. *Adolescents' Development: Challenges For Education In A Ever Challenging Era* (lecture to the community, Enfeh, El Koura, March, 29, 2014).
 23. *How To Motivate Students For Better Learning, The Relational In The Didactical* (preparing and implementing four day workshop for teachers of the College Notre Dame de Balamand. September 1 to 4, 2014).
 24. *Coping With War Trauma: Social Engagement And Resilience* (Seminaire de trois jours destines aux activistes syriens et organise par World council of churches (WCC)/Saydat El Jabal/ Novembre 2013)
 25. *The Psychologist: Functions, Studies And Job Perspectives* (Lecture to School students, BLOOM Shabeb- career.service program, University of Balamand, March 2013 and March 2014).
 26. *Motiver Les Eleves: De La Didactique Au Relationnel* (Ecole Nationale Orthodoxe St Elie/ June 2013)
 27. *Parenting styles: flexibility between rigidity and chaos* (Lecture to the community Enfeh -El Koura, March 2013)
 28. *Daily Stressors And Ways To Cope* (lecture to the community; Kefraaka- El Koura, June 2013)

29. *New Educational Strategies In Religious Education: A Psychoeducational Approach* (Workshop, Planning, implementing and intervening in the workshop about (Institute of Theology Balamand, September (5to 9) 2013).
30. *Psychosocial Factors In Marriage And Families* (Seminar to the Priests of the Orthodox archdiocese of Tripoli, Tripoli, May 2009)
31. *Child Development: Educational Implications* (lecture to the public, El Hmayra, Syria, September 2002)
32. *Interventions With Adolescents In Impoverished Communities* (Workshop for volunteers in Jdaydeh community center, Jdaydeh 2000)

Publications

Peer Reviewed Articles

1. Nahas, N. (2020). Liens d'attachement : Une autre perspective pour une autre culture. étude exploratoire sur des enfants libanais. *Enfance*, N°2(2), 193-216.
2. Al Laham, D., Ali, E., Mousally, K., Nahas, N., Alameddine, A., & Venables, E. (2020). Perceptions and health-seeking behaviour for mental illness among syrian refugees and lebanese community members in wadi khaled, north lebanon: A qualitative study. *Community Mental Health Journal*, 56(5), 875-884. doi:10.1007/s10597-020-00551-5
3. Miller, K. E., Koppenol-Gonzalez, G. V., Arnous, M., Tossyeh, F., Chen, A., Nahas, N., & Jordans, M. J. D. (2020). Supporting syrian families displaced by armed conflict: A pilot randomized controlled trial of the caregiver support intervention. *Child Abuse & Neglect*, 106, 104512. doi:10.1016/j.chiabu.2020.104512
4. Miller, K. E., Arnous, M., Tossyeh, F., Chen, A., Bakolis, I., Koppenol-Gonzalez, G. V., . . . Nahas, N., & Jordans, M. J. D. (2020). Protocol for a randomized control trial of the caregiver support intervention with syrian refugees in lebanon. *Trials*, 21(1), 277-14. doi:10.1186/s13063-020-4175-9
5. Nahas, N. Normandeau, S. Girard La Pointe, J. (2017). Liens entre les pratiques educatives, le style d'attachement du parent et les comportements d'inattention et d'hyperactivite/impulsivite. In *La Psychiatrie de l'Enfant*. Vol 2. N. 60 p.329- 349 Paris: PUF.

Peer-Reviewed Conference Papers

1. Nahas, N. (2017). *La psychologie et les frontieres entre le particulier et l'universel: reflexion a partir de la theorie de l'attachement*, Borders FASS, UOB November 2017.
2. Nahas, N. (2015). *De la Competence au sentiment de Competence: Autoefficacite du Maitre et de l'Enfant au Coeur du Changement*. In *L'approche par competences dans les programmes libanais : Quels enjeux et quels defis*. Actes du colloque. Publications de

l'Université de Balamand. (19-33)

3. Nahas, N. Williamson, L. & Menessa, E. (2010). Identifying Potential Stressors Of University Students And Ways To Enhance University Climate: The Case Of The University Of Balamand. In. UNESCO (Editor) *Towards and Arab Higher Education Space: International Challenges and Societal Responsibilities: Proceedings of the Arab regional conference on higher education X*. Cairo 31 May, 1 -2 June 2009.
4. Nahas, N. (2007). *Resilience Of Lebanese Children In The After War*. La psychotherapie d'aujourd'hui (Psychotherapy today). Beyrouth SPPC. Lebanese University Publications vol. 5. February 2007.

Chapters of Books

1. Nahas, N. and Wise, RT. (accepted by the editor) Transgenerational Trauma reconceptualized from a resilience perspective. In Robert Todd Wise & Joseph Stone (ed.) *Historical Trauma in Indian Country*, (under review with Oxford University Press).
2. Nahas, N. (2004). Education and child labour in Lebanon. In. Khalidi, A.; Nahas, N. and Nuwayhid, I. *Gender, Education And Child Labour In Lebanon*. Geneva: ILO.

Others

1. Nahas, N. (2012). *Agentivite et Resilience. La croyance en Dieu: facteur de risque ou de protection*. *Annals*, 9, 181- 204. St John of Damascus, University of Balamand.
2. Nahas, N. (2001). *The War In Lebanon: Sequels Or Psychosocial Resilience? Adaptation And Personalization Of Lebanese Children: From Attachment To Coping Unpublished doctoral dissertation. University of Toulouse le mirail: Toulouse*.
3. Nayla, N. (1995). "L'education Religieuse Et La Famille" (Religious education and the family), In. Messara (ed.). "Z, 'eglise et la reconstruction" CEDROC: Beyrouth.
4. *Les Fonctions Du Corps Chez Les Enfants*, Nayla Nahas; sous la dir. Nabil Kanbar./ Nahas, Nayla G.; Kanbar, Nabil; University of Balamand. - Kalhat, Al Koura : University of Balamand, 1994. - 209p. Unpublished master Thesis.

Grants and Funded Projects

- BIRG (Balamand Internal research grant) Granted in 2009 for the project: Potential Stressors of University Students: a Lebanese experience.
- MERC (Middle East Research Competition) Granted in 1999 for the thesis *La guerre au Liban : sequelles ou relances psychosociales?* Defended on September 2001.

Ongoing Research

- Assessing a Caregiver Support Intervention with Syrian Refugees in Lebanon. In collaboration with War Child Holand
- Lebanese children Attachment strategies and self regulation, coping, and behavioral problems.
- Psychometric properties of Lebanese Child Attachment Questionnaire
- ADHD, psychosocial risks to etiology: approach from the theory of attachment
- Developing resilience in victims of War traumas: a Psychosocial model
- Psychometric properties of Lebanese University Students Stress Questionnaire

Administrative tasks

My involvement in the academic field was also an opportunity to participate in many administrative tasks that enriched my leadership and management skills. Of special importance for my career is chairing the department of psychology from September 2014 until September 2018. Add to that many other tasks related to curriculum development, writing policies and regulations, promotion of programs and establishing contacts with community stakeholders:

1. Participation in the reform of the curriculum of education and introducing a psychoeducational and psychosocial components to the curriculum.
2. Participation in the reform of the curriculum of Psychology both at the BA and MA levels.
3. Writing the Self Evaluation Document (SED) for the department of education « Enhancement of Quality Assurance and Institutional Planning at Arab Universities: a Project funded and implemented by UNDP/RBAS in partnership with Arab universities ».
4. Writing the ILO (intended learning outcomes) for the departments of education and Psychology.
5. Participation to University committees (Orientation committee, Administrative committee and curriculum committee).
6. Structuring training for the Department of psychology and Developing the Handbook of Training in Clinical psychology.
7. Developing training agreements with RESTART, NAC, NCDI, The Cross Hospital, Wahat el Farah, Orange Nasso hospital, WCH, Marta and Mariam community center, etc...

Master Thesis Supervision

Successfully defended thesis

<ul style="list-style-type: none"> • Salameh El Barech, E., Nahas, N. G., & Université de Balamand. Faculté des Arts et des Sciences. (2020). <i>L'estime de soi chez les mères et martyrisme dans le sud chiite du liban</i>
<ul style="list-style-type: none"> • Boghossian, M., Nahas, N. G., & University of Balamand. Faculty of Arts and Sciences. (2020). <i>A study of a correlation between post war trauma symptoms and the attribution to god's control in a syrian population directly exposed to war events</i>
<ul style="list-style-type: none"> • Ndayra, A., Nahas, N. G., & Université de Balamand. Faculté des Arts et des Sciences. (2019). <i>Effet d'une intervention psychoéducative sur l'estime de soi chez des enfants trisomiques et ou ayant une déficience intellectuelle.</i> (Masters Thesis).76 p
<ul style="list-style-type: none"> • Stephan, N. L., Nahas, N. G., & University of Balamand. Faculty of Arts and Sciences. (2019). <i>Facets of dispositional mindfulness and perceived stress in lebanese adolescents.</i> (Masters Thesis). 77 p
<ul style="list-style-type: none"> • Wardan, M., Nahas, N. G., & University of Balamand. Faculty of Arts and Sciences. (2019). <i>Personality structure and attachment strategies in lebanese university students.</i> (Masters Thesis). 121 p
<ul style="list-style-type: none"> • Younes, A., Nahas, N. G., & University of Balamand. Faculty of Arts and Sciences. (2019). <i>The relationship between attachment strategies and attention deficit hyperactivity disorder symptoms in lebanese children.</i> (Masters Thesis). 90 p
<ul style="list-style-type: none"> • Hawila, R. M., Nahas, N. G., & University of Balamand. Faculty of Arts and Sciences. (2018). <i>Paternal involvement and paternal role belief among a sample of lebanese fathers.</i> (Masters Thesis). 87 p
<ul style="list-style-type: none"> • Chaarani, R., Nahas, N. G., & University of Balamand. Faculty of Arts and Sciences. (2016). <i>Self-efficacious beliefs and students' self-esteem: The case of private english-medium school in al-koura.</i> (Masters Thesis). 94 p
<ul style="list-style-type: none"> • Sader, H., Nahas, N. G., & Université de Balamand. Faculté des Lettres et des Sciences Sociales. (2016). <i>L'enfant en situation d'échec scolaire et la dynamique familiale: Une étude de cas.</i> (Masters Thesis). 103 p
<ul style="list-style-type: none"> • Allouch, H., & Nahas, N. G. & University of Balamand. Faculty of Arts and Sciences. (2012). <i>Teacher-student relationships in the palestinian Beddawi Camp.</i> (Masters Thesis). 100 p.
<ul style="list-style-type: none"> • Abouid, H., & Nahas, N. G. & University of Balamand. Faculty of Theology. (2010). <i>Spiritual direction through the sacrament of confession in the orthodox church and psychotherapeutic counseling: A comparative analysis.</i> (Master's Thesis). 42 p

<ul style="list-style-type: none"> • Sayadi, R., & Nahas, N. G. & University of Balamand. Faculty of Arts and Sciences. (2010). <i>Identifying potentially stressful events in relation with students' locus of control at the University of Balamand.</i> (Master's Thesis). 85 p.
<ul style="list-style-type: none"> • Salloum, C., & Nahas, N. G. & University of Balamand. Faculty of Arts and Sciences. (2009) <i>Stress and self-esteem among college students</i> (Master's Thesis). 90 p.
<ul style="list-style-type: none"> • Saoud , R., & Nahas, N. G. & University of Balamand. Faculty of Arts and Sciences. (2008). <i>Teachers' job satisfaction in shafat akkar private schools .</i> (Master's Thesis). 78 p.

Ongoing thesis

<ul style="list-style-type: none"> • Mariam Chahinian, Nayla Nahas (since September 2015). <i>Les mères des enfants souffrant de retard intellectuel: Stress et estime de soi.</i> Département de Psychologie, Université de Balamand.
<ul style="list-style-type: none"> • Nathalie Hamati, Nayla Nahas (since September 2019). <i>Attachment and Coping in Lebanese Children.</i> Department of Psychology. University of Balamand
<ul style="list-style-type: none"> • Gaelle Melhem, Nayla Nahas (since September 2019). <i>Attachment and self regulation In Lebanese Children.</i> Department of Psychology. University of Balamand
<ul style="list-style-type: none"> • Ashley Koura, Nayla Nahas (since September 2019). <i>Attachment and Behavioral Problems In Lebanese Children.</i> Department of Psychology. University of Balamand

Co-Supervision of Doctoral Thesis

- فراس جريس إبراهيم نصر اوينك، نيلىة نحاس (on going) مساهمة الكفاءة الذاتية المدركة وتقدير الذات والتكيف الأكاديمي في التنبؤ بالذافعية نحو التعلم *Department of education. Saint Joseph University*

- Ghina Nassab, Monah Geha and Nayla Nahas (ongoing), *Emotional Intelligence and students' academic achievement.* Department of education. Saint Joseph University.

- Shaghig Kandaguerjian, Hanine Hout and Nayla Nahas (ongoing) *Teachers' Perception of their Role in the Formation of their Students' Ethnic Identity: A Case Study of the*

Armenian Schools in Lebanon. Department of education. Saint Joseph University.

Head of Jury for Doctoral Proposals

- *The Psychosocial Adjustment of Syrian Refugee Children in Lebanese Public Schools.* Projet de These Prepare par Farhat Randa Sous la direction de Dr. Vivian Khamis, (directeur de projet de these) Dr Suzanne Abou Rjeily, (Second lecteur) et Nayla Nahas (president du jury).
- *The Effect Of Teaching Literature Through An Emotional Intelligence Model On Academic Success In Secondary Classes In Lebanese Schools.* Dissertation Proposal By Samira Dishari, Supervised by Dr. Monah Geha (supervisor), Dr. Rita EL-Meouchy (co-supervisor) and Dr. Nayla Nahas (head of Jury).

11. References

1. Professor Sylvie Normandeau sylvie.normandeau@umontreal.ca
2. Professor Adnan El Amine elamine.adnan@gmail.com